STATE OF THE BOROUGH – TAMESIDE CURRENT POSITION 2026

239,643
ONS Mid Year Estimates 2024 population of Tameside.

51% Are Female

49% Are Male

The percentage of the Tameside population according to the ONS Mid Year Estimates 2024 are:

Under 16	19.5%
16-64	62.9%
65+	17.6%
Residents from an Ethnic Minority Community (Census 2021)	17.6%

Source: ONS

Tameside is a Metropolitan Borough situated within Greater Manchester, and was named as an area after the River Tame which flows through the borough. In terms of population, it is the 3rd smallest borough in Greater Manchester.

Tameside has 9 towns, 19 electoral wards, 4 health neighbourhood areas and 3 parliamentary constituencies as of 2026.

44th Most Deprived Local Authority
Rank in the Index of Multiple deprivation 2025 out of 296 Local Authorities

55.9%
Of the Tameside population falls within the 30% most deprived areas in England.

Source: MHCLG 2025

At Birth 2021-2023

Female Life Expectancy
80.6 Years
14th Worst in England

Male Life Expectancy
76.5 Years
14th Worst in England

Healthy Life Expectancy At Birth 2021-2023

56.2 Years Females
20th Worst in England

55.6 Years Males
12th Worst in England

Inequality of Life Expectancy 2021-2023

Females live 9.3 Years
Less in the most deprived parts of Tameside compared to the least

Males live 9.8 Years
Less in the most deprived parts of Tameside compared to the least

Source: Fingertips, OHID

40.8% Are Married or in a Civil Partnership
2.9% Less than Census 2011

47.8% Identify their religion as Christian
38% Identify with no religion

3.2% 16+ year olds identify as non-heterosexual

0.5% 16+ year olds identify as having a different gender than assigned at birth

86.5% Have a valid passport issued by any country

3.6% 16+ year olds have previously served in the UK armed forces.

1% Are diagnosed with a serious mental illness

10.3% were born outside of the UK.

2240 People live in Tameside per km² - this is compared to 395 people on average in England and Wales

Sources: Census 2021 & Fingertips, OHID

99,527 Households in Tameside – up by 4.8% from the last census.

2.3 Persons is the average household size

32.5% Are single person households

9.5% Of residents provide unpaid care (are carers)

20% Of residents are classified as disabled under the Equality Act

1.8% Of estimated UK residents have been diagnosed with ADHD

1.2% Of estimated UK residents have been diagnosed with Autism

0.1% Of residents are care experienced (been a Child Looked After)

Sources: Census 2021, LAIT Tool DfE & NHS England (Adult Psychiatric Morbidity Survey)

2700 Average number of pregnancies and Births each year

110,100 Are in some form of employment

£30,734 Average Salary of a Tameside Resident (for full time workers)

2300 Average number of Deaths each year

33.2% Have a degree level education or higher

4.8% Claim out of work benefits

15,000 Number of Health and Social Care Workers in Tameside (Largest sector of employment)

Source: NOMIS 2025

Michelle Foxcroft, Public Health, TMBC – February 2026