

Short Breaks

Shared Lives empowers adults with a range of needs to share daily life with a carer matched uniquely to them.

Can you offer a regular short break, one night per month, or a week to help give people a break from their usual care arrangements?

Are you looking for a flexible and rewarding role?

Then being a short breaks carer might be right for you! We need carers to provide Respite breaks, either one night or a week per month.

Who is eligible?

We recruit, train, match and support individuals to become Shared Lives Carers. No formal qualifications are expected, and we welcome people from different backgrounds, with different skills and life experience. You must be:

- Over 18
- Living in Tameside
- Able to work with vulnerable people
- Flexible, sensitive, tolerant, and patient with a genuine interest in supporting people.



What are the benefits?

- Making a real difference in someone's quality of life
- Weekly allowance
- Mileage claim of 45p per mile
- Coffee meetings and forums to create a network of support with other carers
- We offer a range of training both online and in-person

Get in touch

Tameside Shared Lives Scheme
Copley Resource Centre
Demesne Drive
Stalybridge
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0161 342 5151
sharedlives@tameside.gov.uk
www.tameside.gov.uk/sharedlives

I find being a Shared Lives Carer very rewarding and fun, it makes me feel so happy. I enjoy watching people grow in confidence and try new things that they just needed a little bit of support and encouragement to do.



Scan the QR code for more information

Working together for better services

