

## “How you see Me” - Ethnicity Identity

**Anti-racism** is an active commitment to working against racial injustice and discrimination. It's making conscious and thoughtful decisions regarding your own behaviours and how they negatively influence and impact your own biases and actions. You do not have to be completely free of racism or bias to be anti-racist. Part of the role as an anti-racist person is self-reflection and self-improvement. An anti-racist is different from a non-racist due to the active nature of the position. To be anti-racist is to be an active part of the solution, whereas a non-racist is a bystander of the problem.

### “One of a Kind – One Nation”

Referring.to.Ethnicity.and.Colour - As.we.have.become.more.ethnically.diverse.and.the.range.of.differing.experiences.and.identities.has.grown;

Here.are.a.list.of.Ethnicity.Identities.we.should.be.using;

**Mixed Race/heritage or parentage** - (someone from mixed ethnic backgrounds do not refer as half cast or coloured)

**Black African or Black Caribbean, Black British, African American** (Black)

**South Asian** - (Indian, Bangladeshi, Pakistani)

**East Asian** (Chinese, Japanese, North or South Korean, Mongolian, Taiwanese, Hongkongers, Macanese)

**South East Asian** (Thai, Vietnamese, Cambodian, Filipino, Indonesian, Malaysian, Singaporean, Bruneian, Burmese, Laotian)

**People of Colour** mainly used in the USA

**Avoid words like;** Coloureds, Afro, BAME, BME (racial-ethnic.groups.that.are.a.minority.in.the.population)

If you are not sure you can always use non white or non black - (Be specific ie “ he is a black person” or “she is an Asian person”)

**Minorities** - a group of people in a country or area who are of a different skin colour, or have a different culture, or first language or religion to that of most other people

See it Report it – Let’s End Hate Crime  
#WeStandTogether#

TOO GREAT  
FOR HATE