

# Feel Good!

## Walks in Tameside



Distance:  
1.5 kilometres

### The Copley Centre

A circular walk taking in Huddersfield Canal at the back of Copley Leisure Centre in Stalybridge. There are toilet facilities at the leisure centre.

# Beginners Walks: The Copley Centre

- Leave the Copley Centre and turn right across the car park past Copley School, watching for traffic.
- At the end of the car park turn right and follow the road down by the school railings.
- Turn left up the rough surfaced path, which climbs and bears round to the right.
- Pass the wheelchair access ramp and continue uphill on the rough path. The path passes playing fields and becomes grassy, so it may be muddy and slippery if wet.
- Near the top of the climb the path becomes stony and uneven, and there is a very short steep section which needs care.
- The path then levels out and broadens into an open area, by a football pitch.
- Turn right and then left onto the rough track, following the fence by the football pitch.
- This track is used by vehicles so keep a lookout.
- Follow the track down hill to meet Brushes Road at the bottom.
- Turn left down Brushes Road and follow it down to the bottom at the main road – Huddersfield Road.
- Watch out for the traffic when crossing the two side roads Flaxfield Avenue and Brushes Avenue.
- At the bottom of Brushes Road turn left and follow Huddersfield Road back to the Copley Centre taking care to watch for traffic when crossing Walkerwood Drive.

