

# Tameside Good Food Charter

This charter sets out the vision on working together, planting the seeds to grow a Tameside where a good food environment flourishes with support for those who need it, for people to live healthy lives, eat well and where the food economy and environment thrives.



## To make the supply and consumption of affordable healthy and sustainable food the norm

Healthy places shape healthy people, and we recognise food can have a positive impact on our health and communities. Encouraging, promoting and accessing healthy food supports people to live healthy lives.



## To address and reduce food poverty

We know that some residents may struggle to access healthy food. It is vital that we explore ways to help and support those residents to reduce the impact of food poverty and food insecurity.



## Promote community food knowledge, skills and resources

Everyone has grown up with different experiences, in different environments and has different levels of knowledge, skills and confidence with food and cooking. Whilst differences are to be valued, we recognise the challenges lack of knowledge and skills around food have and we will support residents to develop these through a range of resources and activities.



## Develop a vibrant and diverse sustainable food economy

When people have healthier and diverse food options, healthier habits and choices become the norm. Growing the food economy and encouraging greater availability of healthier food improves the health and well-being of Tameside residents.



## Increase healthy and sustainable food sourcing and catering

The Tameside Food Partnership will encourage all settings to provide healthier and more sustainable food and drink options that benefit residents as well as the environment.



## Reduce waste and the ecological footprint of the system

The journey food takes from farm to fork and beyond impacts on the environment we live in. The Tameside Food Partnership aims to increase awareness of this, reduce food waste and reduce the harm caused to the environment.

TAMESIDE  
FOOD  
PARTNERSHIP



## Wondering what you can do?

Everyone can do something, and small steps lead to big impact!

## Organisations and professionals

Think about where you work, does it provide healthy food that is sustainably sourced, are healthy options available? Do you have things in place to help people make healthier and more sustainable choices such as healthy vending and refill stations or access to free and clean drinking water to people keep hydrated and refill on the go? Does your organisation encourage and practice correct recycling and promote support that is available in Tameside such as food, health and financial wellbeing support to your workforce?

## Feeling inspired to make a difference?

Email [tamesidefoodpartnership@tameside.gov.uk](mailto:tamesidefoodpartnership@tameside.gov.uk) to join the Tameside Food Partnership and state which objective(s) you are passionate about and can support and contribute to, through your organisation/group having a dedicated action held within the [Tameside Good Food Plan](#).

\*To ensure the Tameside Food Partnership has active members who are committed to working towards positive change, all partnership members need to align to and hold at least one action within the Tameside Good Food Plan.