

SIMPLE WAYS YOU CAN THINK GREEN & SAVE MONEY



CHANGE THE WAY YOU DO YOUR WASHING.

Do fewer, fuller washes and change your temperature from 40°C to 30°C and you could get 3 cycles instead of 2 using the same amount of energy, depending on your washing machine.

Air drying your clothes in a well ventilated room can save you up to £70 a year.

WATER SAVING WONDERS.

Boil your kettle with the right amount of water, get dripping taps fixed and shower instead of taking a bath- showers use a third of the amount of water needed for a bath.

DRAUGHT PROOF YOUR HOUSE.

By fitting draught-proof strips and draught excluders around doors, window film and sealing gaps around window frames you can save approximately £70.

Visit www.tameside.gov.uk/EnergyEfficiency to find local services and available grants to make your home more energy efficient.

EATING WELL DOESN'T HAVE TO COST THE EARTH, LITERALLY.

Using either an air fryer or a slow cooker to make meals can help you to save energy, money and time.

Find healthy slow cooker recipes, example shopping lists and other energy saving tips at www.tameside.gov.uk/slowcookerproject

SWAP THE CAR FOR YOUR BIKE OR WALK SHORT JOURNEYS.

Traveling sustainably saves money on parking and fuel, it's also great for your health and the planet too.

Visit www.tameside.gov.uk/walkingandcycling to find our free guided walk schedule and walking and cycling routes across Tameside.

Find support to make your home more energy efficient

Visit www.tameside.gov.uk/EnergyEfficiency to find support services, schemes to make your home more energy efficient.

Find other ways to be kinder to our planet at www.tameside.gov.uk/thinkgreen

Find cost of living support 24/7 at www.tameside.gov.uk/helpinghand

