

A great opportunity to celebrate your existing good practice and give the children you care for the best start in life.

Why not apply today?

**Children's Nutrition Team
Hattersley Clinic
Hattersley Road East
Hattersley, HYDE
SK14 3EH**

0161 366 2351/49

childrensnutrition@tgh.nhs.uk

Help is at hand if you require this information in an alternative format such as large print, audio tape, Braille, disc or other. Please contact the Communications team on 0161 304 5800/5314 or mini-com 0161 922 4010



**For Nurseries, Playgroups,
Childminders and Parents and Tots'
Groups**



**This FREE award scheme is aimed at
all childcare providers who provide
healthy meals and/or snacks in
Tameside**



What are the criteria?

In order to achieve an award, a childcare provider needs to provide:

- Meals (where appropriate) and snacks of a good nutritional standard which meet evidence based healthy eating/oral health guidelines.
- A written food/oral health policy with involvement from staff and parents.
- A written copy of your cycle of menus.
- Promote regular play and physical activity
- Promote breast feeding and evidence based weaning practices.
- Educational food/oral health related activities as part of the learning programme.

For further guidance use the following link:

<https://www.tameside.gov.uk/earlyyears/qualityteam/nutrition>

What are the benefits?

- Parents/carers can be confident that their children are receiving healthy, nutritious meals, snacks and drinks whilst in your care.
- Award holders will receive a certificate to display and publicise their award.
- All participants will receive a Food, Nutrition and Oral Health resource pack.
- Award holders will be publicised on local councils' websites and by Tameside & Glossop and Pennine Integrated Care.



This award has been developed by the Children's Nutrition and Oral Health Improvement Teams of Tameside & Glossop and Pennine Integrated Care and is supported by the Children's Centres and the Early Years Provider Development Team